

Oakland Mills Middle School Physical Education 2014-2015  
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Ommspe.weebly.com

**Class Policy**

Required Attire for Students:

- Each student must **change** into a P.E. uniform or athletic wear before each class. This includes changing their shirt AND shorts.
  - The cost of an OMMS uniform is \$18.00, \$7.00 for the shirt and \$11.00 for the shorts.
  - Students may provide their own PE outfit as long as it is athletic-wear and not what they wore to school that day.
  - Students must wear proper shoes (tennis, running, indoor soccer) with laces.
  - ABSLOUTLEY NO jewelry is allowed during P.E. class, *including earrings*.
- Failure to follow these guidelines will result in an alternate assignment and a loss of 10 points (see attached rubric).

**Note:**

- *Due to weather, students are responsible for bringing appropriate clothing, such as sweatshirts and sweatpants that follow the OMMS Dress Code Policy*

Class Rules

Students will demonstrate the 3 R's by:

1. Being on time!
2. Being prepared!
3. Giving 100% effort.
4. Treating everyone as well as equipment with respect.

Consequences

- When a student does not comply with guidelines, the following will occur:
  - Verbal warning
  - Time out/ alternate assignment
  - Sent out of gym (MIR)
  - Office referral
- When a student does comply with guidelines, the following will occur:
  - Falcon Dollars
  - Increased respect from peers and staff

Attendance/Late Policy

- If you are **injured or ill**, you are only excused for class if you have a note from a parent/guardian or doctor. If you miss more than 3 classes in a row, you should have a note from a doctor. You will not be allowed to participate until you

have another note saying you are able to (unless the date is specified on the first note).

- If you are late without a pass to class, you will automatically lose 2 points for the day.
- Second lateness= detention
- **Going to your locker before class is not an excused lateness.**

### **Grading Policy** (also see Daily Participation Rubric)

1. Participation..... 60%
2. Knowledge/ Skill Development.....40%

## **Gymnasium & Locker Room Rules/Procedures**

- Students will **walk** into the gym and wait by the locker room door until the teacher lets them in to change.
- Once students are changed, they will remain in the locker room until their teacher brings them out for class or dismisses them at the end of the period.
- Students will not touch any equipment without permission. This includes basketball hoops/nets.
- Each student will be assigned a locker where they will store only their own belongings.
- Students may not share or change lockers at any point during the year.
- Horse play, screaming, running, foul language and putting your hands on another student will not be tolerated in the gym or locker room areas.
- **Cell phones/electronics are not permitted at any time in the locker room and should not be brought out into the gymnasium.**
  - Everyone is provided with a gym locker AND lock, so electronics should be locked up at all times.

Oakland Mills Middle School  
Physical Education Department Contract

Student:

I, \_\_\_\_\_ have read and understand the rules and  
(Print Full Name)  
regulations of Physical Education at Oakland Mills Middle School. I understand what is  
expected of me and will uphold these expectations during Physical Education.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

Parent/Guardian:

I, \_\_\_\_\_ have reviewed the rules and regulations  
(Print Full Name)  
of Physical Education at Oakland Mills Middle School with my child. I understand what is  
expected of my child in Physical Education.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

Parent/Guardian Contact Form

Student Name: \_\_\_\_\_

Parent/Guardian #1

Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Best Time to Contact: Day / Night

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Parent/Guardian #2

Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Best Time to Contact: Day / Night